EHS-EFORT BAT Programme

05 - 07 March 2014



A combined Educational Programme with EHS



EHS – EFORT Instructional Course

Madrid, Spain: 05 - 07 March 2014

Hip pathology in young adults: Basic Course

- Anatomy & Pathophysiology
- Epidemiology & Clinical findings
- Imaging techniques
- Surgical approaches for classical FAI

Workshops:

- How to read hip imaging: Practical exercises
- Selecting best treatment option for each hip problem
- Practical exercise (sawbone): Correcting the deformity of the hip
- Get your access to the hip: Portals, instruments and surgical tricks

Welcome







Siehenrock



Manuel Cassiano Neves

Dear Colleagues,

We are proud to welcome you to the first EHS-EFORT BAT programme, which focuses on hip joint preservation in young adults.

Over the past decade, hip joint-preserving surgery has gained tremendous interest worldwide. A better understanding of hip joint pathophysiology, and new surgical techniques including hip joint arthroscopy, have led to an increasing demand for training and teaching opportunities among European orthopaedic surgeons in order to improve knowledge and practical skills. BAT stands for Basic, Advanced and Traumatology courses. The programme we are presenting here consists of two courses, the Basic Course and the Advanced Course. The courses build on each other and consist of theory lessons plus ample hands-on and small group sessions. There will be plenty of opportunity to familiarise yourself with both arthroscopic and open surgical techniques to address pathomorphologies. Expected treatment results, complications and failure prevention will also be broadly discussed.

With this comprehensive review programme, EFORT/EHS aims to contribute to improving European surgeons' skill levels in this expanding field, to provide the greatest benefit to patients.

The faculty panel is composed of respected experts who will share their vast experience with the audience in workshops and live surgeries.

We look forward to welcoming you!

Yours,

Oliver Marín-Peña

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Klaus Siebenrock

Manuel Cassiano Neves

Chairman IC Madrid Basic Course

Chairman IC Bern Advanced Course

EFORT President

2013-2014

Programme

18:30

End of the day

Wednesday, 05 March				
Schedule	Topic	Faculty		
13:00	Registration			
13:40	Opening Remarks	O. Marín-Peña K. Siebenrock		
13.50	About EFORT	P. Kjærsgaard- Andersen		
Anatomy	and imaging of the hip			
	Moderators: Klaus Siebenrock			
14:00	What an orthopedic surgeon should know about plain X-rays of the hip	L. Cerezal		
14:10	MRI imaging of hip cartilage	A. Kassarjian		
14:20	CT scan and 3D reconstruction	M. Tannast		
14:30	Surgical anatomy: acetabulum & labrum	P. Golano		
14:40	Imaging of the acetabulum and labrum	A. Kassarjian		
14:50	Surgical anatomy: femoral head, vascular supply, capsule & ligamentum teres	P. Golano		
15:00	Imaging of the femoral head, vascular supply, capsule and ligamentum teres	L. Cerezal		
15:10	Surgical anatomy: psoas, peritrochanteric space & sciatic nerve	P. Golano		
15:20	Imaging of the psoas, peritrochanteric space and sciatic nerve	L. Cerezal		
15:30	Discussion			
16:00	Coffee break			
Physiology and Pathogenesis of the hip problems				
	Moderators: Michael Leunig			
16:30	Physical examination in painful young adult hip	O. Marín-Peña		
16:40	Function of the labrum	M. Tannast		
16:50	Pathophysiology of Hip Dysplasia	K. Siebenrock		
17:00	Non-Articular Sources of Groin Pain (adductor, sport hernia, extrarticular impingement)	C. Cardenas		
17:10	Discussion			
17:30	Workshops - Rotation system			

Programme

Thursday, 06 March

Titutsua	y, oo waren			
Schedul	e Topic	Faculty		
Femoro	-Acetabular Impingement			
	Moderators: Oliver Marín-Peña			
8:30	Pathophysiology of femoro-acetabular impingement	M. Leunig		
8:40	Damage pattern in cam- and pincer-type impingement	R. Villar		
8:50	Finite element model of impingement	M. Tannast		
9:00	Causes of FAI	P. Rego		
9:10	Clinical findings in FAI	C. Mella		
9:20	Discussion			
Hip Arthroscopy for treatment of FAI				
	Moderators: Richard Villar			
9:30	Position, traction and portals	H. Said		
9:40	Access central compartment safely: Tips and tricks	R. Torres		
9:50	Access peripheral compartment: Tips and tricks	N. Santori		
10:00	How to repair a labrum	H. Said		
10:10	How to resect the cam deformity	M. Tey		
10:20	Discussion			
10:40	Coffee break			
11:10	Hip arthroscopy in the peritrochanteric space	L. Perez Carro		
11:20	Complications and pitfalls of hip athroscopy	M. Leunig		
11:30	Postoperative management after FAI treatment	N. Santori		
11:40	Discussion			
12:00	LIVE SURGERY: Hip arthroscopy for impingement	C. Mella		
14:00	Lunch break			
15:00	Workshops - Rotation system			
16:00	LIVE SURGERY: Mini-anterior approach for FAI	M. Ribas		

Programme

Thursday, 06 March

Schedule	Торіс	Faculty
18:00	Coffee break	
18:30	Workshops - Rotation system	
19:30	End of the day	
20:30	Course Dinner	

Friday, 07 March

Schedule	Topic	Faculty			
Other approaches in hip pathology					
	Moderators: Moritz Tannast				
8:30	FAI through mini-anterior (Hueter) approach	M. Ribas			
8:40	FAI through the classic approach: Safe surgical hip dislocation	K. Siebenrock			
8:50	Hip arthroscopy in adolescent and childhood	R. Villar			
9:00	Resection guidelines for femoral neck and acetabular rim trimming	K. Siebenrock			
9:10	Conservative management of hip pathology	O. Marín-Peña			
9:20	Discussion				
9:30	Workshops - Rotation system				
10:30	Coffee break				
11:00	LIVE SURGERY: Hip arthroscopy - the peritrochanteric space	L. Perez Carro			
13:00	Closing Remarks	O. Marín-Peña K. Siebenrock			

Faculty

Faculty:

Oliver Marín-Peña, Spain Klaus Siebenrock, Switzerland

Ara Kassarjian, United States Claudio Mella, Chile Hatem Said, Egypt Michael Leunig, Switzerland Moritz Tannast, Switzerland Nicola Santori, Italy Paulo Rego, Portugal Richard Villar, United Kingdom Carlomagno Cardenas, Spain Juan Ribera, Spain Luis Cerezal, Spain Luis Perez Carro, Spain Manel Ribas, Spain Marc Tey, Spain Pau Golano, Spain Raul Torres, Spain



Information

Course fee

Participants

EUR 315.00

Late (26.02-05.03.2014)

FUR 365 00

On-site registration

EUR 385.00

Residents in training

FUR 205 00

Dinner

EUR 50.00

Credits

Application for CME credits

ongoing

Venue

Hospital Infanta Leonor Centralita Avenida Gran Vía del Este 80 28031 Madrid Spain

Scientific committee

Dr Oliver Marín-Peña Prof. Klaus Siebenrock

Contact

EFORT Head Office +41 21 343 4400 www.efort.org scicom@efort.org

Registration

www.efort.org/ic-ehs2014-basic

Opening hours

Wednesday 05 March: 13.00-18.30 Thursday 06 March: 08.30-19.30 Friday 07 March: 08.30-13.15

Course language

English – no simultaneous translation



EFORT ATP

EFORT Advanced Training Programme 2014

EFORT ExMEx Copenhagen, 25 - 26 April 2014

Periarticular Fractures

EHS-EFORT IC Bern, 27 - 29 August 2014

Hip pathology in young adults: Advanced Course

More details on: www.efort.org/training

Save the date!

11th EHS Annual Congress - Stockholm, Sweden 09 - 11 October 2014

11th Congress Stockholm, Sweden 9-11 October 2014

15th EFORT Annual Congress - London, United Kingdom 04 - 06 June 2014

